

'SHE HAS NOT FAILED'

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Among the three women who faced the run-offs at the election, prominent members described the loss of one as an achievement.

"Seema Al Lingawi did not fail, but instead succeeded greatly considering the number of votes she received," said journalist and social figure Saeed Al Hamad.

"Despite the current situation, I congratulate the Bahraini women for running under these unusual circumstances," he said observing the fact that Ms Al Lingawi faced a tough competition.

Ms Al Lingawi lost to her opponent Mohammed Salim

Buqais in Constituency Eight of the Northern Governorate by 248 votes.

"I faced a lot of challenges that included forbidding the voters to vote for Bahraini women," said Ms Al Lingawi. "However, I don't count this as losing, instead I will strongly work



● Ms Al Lingawi



● Ms Taqawi



● Ms Al Gaoud

WOMAN CANDIDATE HAILED FOR HER DETERMINATION

towards a greater goal in future." Ms Al Lingawi said that the people in her constituency used the campaign in a very wrong way with vested motives.

"I am happy that I did my part with all sincerity and honesty. I

was rewarded with the love of my voters, which I count as a victory," she said. "What I saw was a competition of men against women on religious bias, which was sad."

"There are messages circulating saying 'if you are a man, do not vote for a woman'," said MP Sawsan Taqawi. "This was a sub-standard mode of campaigning and it's unfortunate that Ms Al Lingawi fell victim to it."

"I would not call it her failure, as she put up a brave fight," she added.

MP Latifa Al Gaoud said, "The number of votes to which Ms Al Lingawi lost speaks



volumes." "She put up a tough fight and faced a male dominated world in her constituency," she said. "This is a global feature and she should continue working hard with the same spirit."

"Islam is a religion that promotes empowerment of women," said Shura Council Member Samira Rajab.

"It is not the religion which is tampering with the empowerment, it is the 'extremists'."

Ms Al Rajab observed that the attempts of women being pulled back by a group of men which are too branded as 'Islamists' shall soon perish.

A tribute to non-violence

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Leading peace advocates in Bahrain have called for non-violence as the right approach for conflict resolution on the occasion of the International Day of Non-Violence.

Former Labour Minister Abdulnabi Al Shoala said: "I believe that non-vio-

lence is the right approach for Bahrain, especially to resolve issues that it is facing at the moment."

"Violence should never be the answer to any conflict. The issues that Bahrain is facing can only be resolved through peaceful dialogue," he continued.

"Violence will only complicate matters and damage the social fabric. It has far reaching effects to our economy and our future," said Mr Al Shoala.

United Nations Information Centre Director Nejjib Friji said, "The International Day of Non-Violence is celebrated on the occasion of the birthday of Mahatma Gandhi and was adopted by the 192 countries of the General Assembly in the United Nations to promote non-violence."

"We strongly believe that human kind is capable when there is goodwill to solve all the problems, conflicts, differences in a peaceful and



● Mr Al Shoala
diplomatic way."

"The greatest thing we can learn from Mahatma Gandhi can be sum-



marised in his saying, 'an eye for an eye leaves the whole world blind,' he said.

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A young South African woman who left Bahrain recently with the hope to start her own family died in a fatal road accident back home.

Delphine Cilliers's car crashed into a truck in Cape Town on Thursday.

She finally succumbed to her injuries on Saturday evening after being in a coma.

The 27-year-old is survived by her mother Carin, father Russel and sister Danielle as well as two step sisters and a step mother.

Ms Cilliers worked as a sales coordinator at Lightspeed Communications before she resigned and returned to her native in Somerset West in August.

Her friends in Bahrain were shocked and deeply grieved by her sudden death.

"Ms Cilliers was a special, kind, and caring person. I've known her for three years. Once, she was kind enough to bring me lunch and spend time with me when I was sick. She will be remembered fondly," said a close friend Katie Willis.

"Ms Cilliers was a genuine

SHATTERED DREAMS



● Ms Cilliers

person who was always ready to extend help to anyone in need of it," said acquaintance Damian D'Costa.

Ms Cilliers's friend Stalls Warren described her as an 'angel'.

The South African national's funeral will be held on Wednesday in her hometown. Her close friends in the Kingdom will be holding a memorial service for her in Bahrain too.

QUOTE OF THE DAY!

I'd like to have no rules and eat what I want, but I've learned over the years that I'm so disappointed when I can't wear the clothes I want to wear.

GWEN STEFANI, 1969



Dr Ravisankar Pillai



The prostate is a glandular organ present only in males. It is normally 20 cc in size and lies at the neck of the bladder and in front of the rectum.

Prostate can get enlarged as we get older. The growth can be a non-cancerous condition called benign pro-

Know your prostate

static hypertrophy that causes urinary symptoms. Cancer occurs when normal cells undergo a transformation in which they grow and multiply without normal controls. The top four cancers among males in Bahrain are bladder cancer, prostate cancer, lung cancer

and leukemia. The cause of prostate cancer is unknown, but hormonal, genetic, environmental, and dietary factors are thought to play roles. Most prostate cancers initially are silent and have no

symptoms. It has to be detected by active examination before it gnaws you. Prostate cancers are discovered by doing regular

health examination like digital rectal exam and a blood test called prostate specific antigen blood test.

The usual symptoms are difficulty in urinating, increase in frequency of ur-



nation, pain while urinating, intermittent streams, night time urination, urine leakage, blood in urine and painful ejaculation.

All major international health agencies recommend annual screening for men over the age of 45 years.

Dr. Ravisankar Pillai, [MBBS, MD, FEBU] is a Specialist Urologist at Royal Bahrain Hospital.